

# 5 day/10 day rule (CDPH and CalOSHA)

<b>Positive COVID test (regardless of vax status)</b>	<b>Isolate for 5 days</b> <b>Day 5 – can return if symptoms resolve and negative test, wear mask days 5-10</b> <b>Otherwise stay out full 10 days or until fever resolves</b>
Exposed to someone with COVID-19 and unvaccinated/not fully vaccinated including booster	Isolate for 5 days Day 5 – can return if symptoms resolve and negative test, wear mask days 5-10 Otherwise stay out full 10 days If symptoms develop – test If positive – see above
Exposed to someone with COVID-19 and fully vaccinated including booster	No isolation! Test Day 5, mask through Day 10 If symptoms develop – test If positive – see above